



National Alliance on Mental Illness

NAMI

Bergen County

BRINGS YOU

The NAMI Family-to-Family Education Program

Starting in March!

Family-to-Family is a 12-week program designed for caregivers having a family member, age 18 or over, diagnosed with a serious mental illness.

The program fosters learning, healing and empowerment among caregivers and has been described by some as “a journey of hope” and by many others as “a life changing experience”.

REGISTER NOW!

Location:

CBH CARE
25 East Salem Street
Hackensack, NJ 07601

Schedule:

Every Monday Evening
March 4 thru May 20, 2019
7:00 PM to 9:30 PM

Parking available on site

A FREE PROGRAM

Available on a first come, first served basis

*****REGISTER EARLY**

*****SPACE IS LIMITED**

To register please call: Malikah Lumumba 646-529-9146