



*Engaging the mind, Moving the body,
enriching the soul, sharing smiles*



Center for Inclusive Arts & Enrichment Program & Services Guide

A 501c3 nonprofit organization
NJ DDD and NJ DCF Authorized Provider
Hackensack, NJ 07601

www.marblejam.org

Ph: 201-497-6512 – email: info@marblejam.org

About us

What is MarbleJam?

MarbleJam Kids Inc. is a 501c3 non-profit organization and inclusive arts and enrichment center located in Hackensack NJ. Instructional art classes, creative arts therapies and educational enrichment programs are provided to individuals of all ages both with and without special needs. Programs are housed in a fully ADA compliant facility equipped with studios for dance, fitness, music, art, drama, yoga, and educational enrichment. Therapists, special educators, teaching artists, and support staff provide the optimal approach based on each individual's needs in an environment designed for success.

MarbleJam Kids is an authorized service provider for New Jersey Dept. of Developmental Disabilities & NJ Dept. of Children & Families. We collaborate with support coordination and care management agencies to customize the support required for youth and adults in need of services. Maintaining mental health and wellness often stems from engaging the mind, body, and spirit of the individual. We meet our students where they are and build the teaching approach around their needs.



MarbleJam works with support coordinators, local school districts child study team case managers, educators, and therapists to customize needs of students with an ISP, IEP or 501 plan that includes social and educational goals. In addition to our creative arts classes and therapy services, other need-based services, provided upon request at MarbleJam Center, include career planning, cognitive rehabilitation therapy, physical therapy, speech therapy, and occupational therapy.

MarbleJam also offers a robust volunteer and internship program for college students interested in related fields of interest that work with uniquely abled youth and adults.

Professional staff bios may be found on our website www.marblejam.org



Who are we?

Founded in 2007 by mothers of children with special needs, the mission of the organization remains the same today, to introduce experiences from which children of all ages may successfully explore creative sentiments; while therapeutically challenging their abilities to overcome impairments. The goal is to equalize the playing field as a means for all individuals to thrive in creative endeavors while incorporating social learning to maintain connectivity with peers. Community inclusion provides all of us to participate in life to the fullest extent. Our fundraising efforts provide support for programs, services, and families with financial challenges. We collaborate with other funding organizations and hold fundraising events to ensure each person may participant fully regardless of financial inequities. Over 400 children and young adults combined have been provided with services under our care.

Today MarbleJam Center for the Arts & Enrichment brings inclusive opportunities to all members of the community.

MarbleJam Kids board of directors is responsible for the governance, oversight and policies of the organization. Board member bios are located on our website.

Please contact us to schedule a visit!

info@marblejam.org

www.marblejam.org

Ph: 201-497-6512

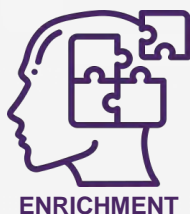
FAX: 201-942-4450



Follow us on:



FINE ARTS



Age Group Adults 18 & Up

Sessions 1 or 2 hour classes

Instructional – Portfolio – Manga Arts



This Fine Arts Program assists students in strengthening the foundation of their artistic practice through the overview of terminology, history and genre. Class flow generally covers a short lecture and slideshow with discussion. Fine Arts Classes include instruction in painting, sketch & shading, drawing, sculpture, craft and product design, under the direction of an experienced teaching artist. Classes are provided weekdays and weekends. Groups are organized by age. Training continues for life skills with exposure to community resources, use of public transportation, and communication with business and municipalities.

Course level certificate provided upon completion of program elements.

DIGITAL ARTS



ENRICHMENT



ADAPTIVE
ARTS

Age Group Teens & Adults

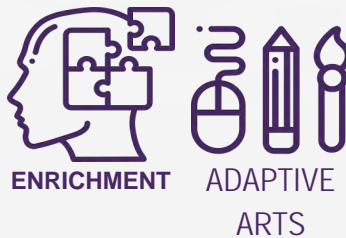
Sessions 2 hour weekly class – please contact us for schedule



MarbleJam offers 3 classes in digital arts; Graphic Design, Film, and Photography. The classes are offered in small groups to allow for individualized learning. A beginner, intermediate level offers the following fundamentals:

- Artistic Expression
- Community Integration
- Composition & Technique
- Digital Styles
- Technology
- Portfolio Development
- Professional Approaches Related to Employment Opportunities

DIGITAL ARTS



Graphic Design Software Programs:

- Adobe Illustrator
- Adobe Photoshop
- Corel Draw
- Adobe Indesign

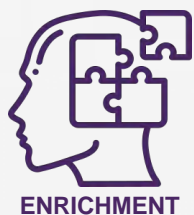
Must be available for a the 30 week practicum

Pre-requisites:

- Must be available for a the 30 week practicum
- Must be independent in the community
- Must have a high interest in digital graphics as a career option



MUSIC ARTS



Age Group Teens & Adults

Sessions By Appointment Only

Enroll in the music arts program to participate in instructional music classes for the piano, guitar, ukulele, or voice. Lessons are available in small group or private sessions.



CREATIVE ARTS THERAPIES

What are creative art therapies?

Creative arts therapies is a profession that uses active engagement in the arts to address mental, emotional, developmental, and behavioral disorders by providing a medium for expression. Through various arts modalities, individuals are known to improve psychomotor and sensory impairments, increase interaction among peers, and use more authentic communication. These improvements can have a significant impact on the individual and their relationship with family, peers, and coworkers.



Who are creative arts therapists?

Creative arts therapists are board certified and/or licensed mental health practitioners with master's level education and specialized trainings. In many cases, services may be reimbursed through an individual's health insurance policy under behavioral or mental health services.

MarbleJam is a state authorized service provider with NJ Department of Children & Families, and NJ Department of Developmental Disabilities. We work with case managers, social workers, DCP&P workers, and child study teams to coordinate services.

CREATIVE ARTS THERAPIES



Age Group Children, teens, adults

Sessions By appointment only



Intake is required for all participants interested in programs and services.

Learn more before you commit—15 minute walk throughs can be scheduled between 10:30am – 2:00pm M-F



Creative arts therapies are used in clinical practice to develop rapport between individuals and therapists, to provide a medium for expression, to improve psychomotor and sensory impairments, and to increase interaction and communication.

MarbleJam Center provides:

- Music Therapy
- Art Therapy
- Drama Therapy
- Movement Therapy

Music Therapy

Music therapy is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program.

Music therapy is an established health profession in which music is used within a therapeutic relationship to address physical, emotional, cognitive, and social needs of individuals. After assessing the strengths and needs of each client, the qualified music therapist provides the indicated treatment including creating, singing, moving to, and/or listening to music. Through musical involvement in the therapeutic context, clients' abilities are strengthened and transferred to other areas of their lives.

Music therapy also provides avenues for communication that can be helpful to those who find it difficult to express themselves in words. Research in music therapy supports its effectiveness in many areas such as: overall rehabilitation and facilitating movement, increasing people's motivation to become engaged in their treatment, providing emotional support for clients and their families, and providing an outlet for expression of feelings.

Who can benefit from music therapy?

Children, adolescents, adults and the elderly with mental health needs, developmental and learning disabilities, Alzheimer's disease and other aging related conditions, substance abuse problems, brain injuries, physical disabilities, and acute and chronic pain, including mothers in labor.

Through an extensive intake process, a therapist will establish a better understanding of the individual and then advise on proper placement. For children with autism and other developmental challenges, this is essential and proves to be the most successful.

- Each individual is carefully placed with appropriate peers in small group settings
- Goals and objectives are created for each participant



Art Therapy

Art therapy is a mental health profession utilizing art media, the creative process, and the resulting artwork to explore an individual's feelings and reconcile emotional conflicts.

Art therapy:

- is active and experiential
- fosters self-awareness
- manages behavior and additions
- provides a means to express feelings
- improves reality orientation
- reduces anxiety
- increases self-esteem

A goal in art therapy is to improve or restore a person's functioning and his or her sense of personal well-being. Art therapy practice requires knowledge of visual art (drawing, painting, sculpture, and other art forms) and the creative process, as well as, knowledge of human development, psychological, and counseling theories and techniques.



Drama Therapy

Drama therapy is the intentional use of drama and/or theater processes to achieve therapeutic goals. The theoretical foundation of drama therapy lies in drama, theater, psychology, psychotherapy, anthropology, play, and interactive and creative processes.

Drama therapy:

- is active and experiential
- provides a context for participants to tell their stories
- sets goals and solves problems
- provides a means to express feelings
- utilizes approaches that meets the individual's needs
- includes improvisation, theater games, storytelling, and enactment

Many drama therapists make use of text, performance, or ritual to enrich the therapeutic and creative process.

Who can benefit from drama therapy?

Drama therapy benefits children, youth, and adults who have been through trauma, loss, isolation, abuse as well as those who are managing chronic illness and mental health conditions. It is a useful tool for practicing social skills and the development of coping strategies.

Drama therapy may benefit parents/guardians managing emergent negative behavior in their child or teen. A drama therapist will practice strategies of engagement and offer alternatives to assist in child management and support.



SOCIAL CATS AUTISM PROGRAM



Age Group Children, Teens, Adults

Sessions September – June
Saturday 9:30am – 12:45pm
Groups assigned by age and ability



MarbleJam's signature creative arts therapy program, Social CATs, uses the medium of art, music and movement to practice social skills, communication, relationship building, and creative expression. Groups have opportunities to explore the arts, engage socially, and collaborate with peers on projects.

Each 90-minute session provides experiences in the arts utilizing art, movement, and music therapies in a "round-robin" type program schedule.

Each session is headed by a licensed therapist or educator. Goals and needs outlined are addressed in each session.

COGNITIVE REHABILITATION THERAPY



Age Group Children, Teens & adults

Sessions By appointment only

Intake is required for all participants interested in programs and services.



Cognitive Rehabilitation Therapy (CRT) is the process of relearning cognitive skills including attention, executive, memory, visuospatial, problem solving and communication that have been lost or altered as a result of damage to brain cells/chemistry. If skills cannot be relearned, new ones are taught to enable the person to compensate for their lost cognitive functions. The process of CRT comprises 4 components: Education about cognitive weaknesses and strengths. The focus here is on developing awareness of the problem. Process Training. This refers to the development of skills through direct retraining or practicing the underlying cognitive skills. The focus here is on resolving the problem. Strategy Training. This involves the use of environmental, internal and external strategies. The focus here is on compensating rather than resolving the problem. Functional Activities Training. This involves the application of the other three components in everyday life. The focus here is on real life improvements.

PHYSICAL THERAPY



Age Group Adults

Sessions By appointment only with prescription

Phone Screening is required for all participants interested in programs and services.

FOR PHYSICAL & BRAIN INJURED ADULTS MULTIPLI-DISABLED &
DEVELOPMENTAL DISABLITY EXPERIENCED PHYSICAL THERAPIST

BACK PAIN • MOBILITY RESTORATION • EXECUTIVE FUNCTION • STAMINA
BUILDING • SPINAL CORD INJURY • BRAIN INJURY • LOW TONE



Physical therapy services are provided in collaboration with Quantum Physical Therapy



SPEECH THERAPY



Age Group All age groups

Sessions By appointment only with prescription

Intake is required for all participants interested in programs and services.



Speech Therapy is the treatment of speech and communication disorders. The approach used varies depending on the disorder. It may include physical exercises to strengthen the muscles used in speech (oral-motor work), speech drills to improve clarity, or sound production practice to improve articulation. We often like to collaborate this service with music therapy, particularly for individuals with brain injury and speech delays associated with autism and auditory sensory disorders.

OCCUPATIONAL THERAPY



Age Group All age groups

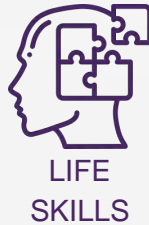
Sessions By appointment only with prescription

Intake is required for all participants interested in programs and services.



Occupational Therapy is the therapeutic use of occupations, including everyday life activities with individuals, groups, populations, or organizations to support participation, performance, and function in roles and situations in home, school, workplace, community, and other settings. Occupational therapy services are provided for habilitation, rehabilitation, and the promotion of health and wellness to those who have or are at risk for developing an illness, injury, disease, disorder, condition, impairment, disability, activity limitation, or participation restriction. Occupational therapy addresses the physical, cognitive, psychosocial, sensory-perceptual, and other aspects of performance in a variety of contexts and environments to support engagement in occupations that affect physical and mental health, well-being, and quality of life. Services are by appointment only.

COMMUNITY INTEGRATION PROGRAM



Community Integration Programs address the social, emotional, and health lifestyles that are essential to maintaining the overall mental health and wellness of individuals. Integrative Art, Music, Zumba, Yoga and fitness classes are adaptive to meet the individuals learning and physical needs.

Classes are designed to support social engagement among peers and include community outings designed to educate and creatively inspire our students. These may include parks, museums, theatrical performances, and other local events. Small Group recreationally based classes are held daily Monday-Saturday at MarbleJam Center. Classes are supported and supervised by our professionally trained staff.

MULTI ARTS



Age Group Teens - Adults

Sessions Monday – Friday: 3pm to 6pm
Saturday: 9:30am to 5:30pm
Minimum of 2 days per week required



Registration and phone screening is required for all participants interested in programs and services.



MarbleJam Multi Arts Program provides classes utilizing a social skills creative arts enrichment program model. Each student participates in art, music, and movement classes and is provided a full social experience with guided professional support. Parents or Guardians may drop off their teen or adult for this 3 hr. daily program, and feel secure that their child will be safe and engaged.

Activity options are predicated on the day of the week. Each grouping of participants is established by age range. The maximum number of participants per group is six.

NJ DCF – PerformCare NJ – NJ DDD Authorized

EDUCATIONAL REMEDIATION & CAREER PLANNING



Age Group Teens & adults (ages 14+)

Sessions Weekly sessions by appointment only



Educational Remediation is a tutoring program designed to meet the needs of students with learning challenges. Headed by a seasoned special educator, the service provides 1:1 support to the student who may have the following challenges: reading & writing, completing homework, understanding math concepts, dyslexia, cognitive impairments that limit the learning processes. Goals and objectives are coordinated with the student's IEP and managed with positive behavioral supports. Various methodologies are instituted to meet learning goals and emotional goals.

Career Planning is a process of identifying a student's strengths and establishing a concrete plan toward further education and employment in a chosen field. Career planning can allow the learner to move enthusiastically toward a career goal while identifying the expected path and education required to achieve their dream outcome.

OFFICE 365 PROGRAM



Age Group Teens & adults (ages 18+)

Sessions 2 hour weekly – 30 week program



Learn how to use professional office software in a 30 week program.

Elements of MS Office 365 Training

- Computer Skills – Professional Writing – Résumé Design
- Data Entry & Analysis – Presentation Design & Preparation
- Verbal & Visual Communication – Organization Skills
- File & Information Management – Interpersonal Skills
- Professional Approaches Related to Employment Opportunities

Career Planning Authorized Program

Now offering evening classes! Contact us for class schedule.

DRAMAJAM THEATRICAL TROUPE



ADAPTIVE
ARTS

Age Group Adults (ages 18+)

Sessions 2 hour weekly January – October (Hiatus July –August)
Increased hours of rehearsal week of show

All participants must meet with Director prior to enrolling.



DramaJam Theatrical Program and Troupe is a weekly acting and performance program for adult ages 18 and up. Under the direction of Willie Wilson, the participants learn all aspects of theater including acting, singing, stage management, and production. The troupe develops an original theatrical program and perform at the end of every season.

Performances (1 per program season) The participants must commit to 30 weeks of classes, rehearsals, and final production, a culmination of the work in an multi-dimensional production. Must demonstrate a level of independence in community-ADA compliant facilities - all disabilities may participate. WE REQUIRE ALL PARTICIPANTS TO ATTEND A MANDATORY MEETING/AUDITION. *SERIOUS ACTORS ONLY APPLY*

DRAMAJAM THEATRICAL TROUPE

Scene Study Curriculum:

- Acting exercises & techniques
- Ice breakers & acting games
- Improvisation
- Scene Study
- Music & voice training
- Rehearsal & production
- Performances

Learning Opportunities:

- Acting Classes Scene Prep/rehearsal
- Singing/Voice
- Improvisation
- Stage Managing
- Props
- Lighting
- Historical Reference
- Stage Design
- Active Production/sets/painting
- Team Building Skills



HEART LIFE PROGRAM



LIFE
SKILLS

Age Group: Teens & adults (ages 14+)

Session: Weekly sessions by appointment only



Heart Life is a nutrition and wellness development program that incorporates learning about nutrition, safe exercising, and healthy foods that will help the student learn life skills that maintain good health..

Headed by a certified nutritionist and certified fitness trainer, the program teaches the learner how to track his/her health and log their own progress including

Vital signs - Weight Management – Fitness – Wellness

Providing healthy habits to maintain balance and good overall health.
Healthy lifestyle supports more successful independent living.

The student also learns how to choose healthy foods choices based on their health profile.

PEERS® SOCIAL SKILLS PROGRAM & SUMMER WORKSHOP



LIFE
SKILLS

Age Group Teens & adults

Sessions Weekly 1 – 2hr. class per week (academic year)
Summer Workshop – July - Monday – Friday - 2.5 hrs. per day



PEERS® for Teens & Young Adults is an evidence-based and accredited social skills program for students with autism spectrum disorders and related neurodiversity's.

The academic year program meets weekly for 2 hr. classes. Participants are taught social skills through didactic lessons and role-play demonstrations, and practice these skills during group socialization activities

In the summer workshop, students and social coaches attend 4-week daily group sessions for 2.5 hrs. per day.

Program Elements

- Developing and Maintaining Friendships
- Conversational Skills - Appropriate Use of Humor
- Entering & Exiting Conversations - Electronic Communication
- Dating Skills - Organizing Social Outings
- Handling Direct and Indirect Bullying - Handling Disagreements

This is an in-person transition program for Teens with ASD and Related Neurodiversity's - Check with your school case manager for support.

Contact Us for Tuition and Pre-Requisites

Max of 10 Students (to maintain social distancing requirements)

Learn more about our staff on our website, www.marblejam.org

SIMPLY SOCIAL



LIFE
SKILLS

Age Group: Adults 18 and Over

Meet Ups: 1 Monthly Every 3rd Friday

*Monthly Meet Ups with Friends Providing Opportunity for Adult Students to
Meet Up in the Community.*



Developing Social and Life Skills Etiquette extends beyond school and programs.
Simply Social invites learners to enjoy meet ups with scheduled community outings each month
under the guidance and support of our professional staff.

FRIDAY NIGHT - MEET UPS!

Let's Dine Together *Fairmount Eats – Hackensack
Movie Time & Talk - *Teaneck Theater
Holiday Party - Early Dec. 2021 *Location TBD
Coffee House Meet Up *MarbleJam Center
Bowling Night - *Bowler Lanes Hackensack
Karaoke Night! *MarbleJam Center
Bergen Pac - *Englewood – Concert or Show - Coffee Talk
Art Party / Pizza Night - *MarbleJam Center
Spring Picnic In The Park & Hike *Location TBD

FILMJAM SUMMER WORKSHOP



LIFE
SKILLS



ADAPTIVE
ARTS

Age Group Teens & adults

Sessions Summer Workshop Monday – Friday: 9:30am to 1:30pm

Must meet prerequisites.



FILMJAM In this intensive summer workshop, were students ages 13 & up embark on a filmmaking journey, exploring all phases of production along the way. Through a series of hands-on projects, students practice storytelling techniques, gain an understanding of film language, acquire technical skills in shooting, editing and performing. The workshop culminates in a collaborative final project wherein students develop and a produce a short narrative film.

This workshop aims to facilitate students' development in:

- Visual & Verbal Communication • Social & Interpersonal Skills
- Storytelling • Creative Expression • Film Language
- Computer Skills • Shooting & Editing
- Research & Troubleshooting Skills

SPECIAL RECOGNITION

MarbleJam recognizes the generosity of the many donors and contributors that support the mission of the organization.

Special thanks to our amazing professional staff and board members. Bios and board member information are located on our website www.marblejam.org

MarbleJam relies on contributions in order to supplement the cost of programs and ensure affordability.



Please contact us to schedule a visit!

www.marblejam.org

info@marblejam.org

MarbleJam Center is located at 214 State Street, Suite 204
Hackensack, NJ 07601 Phone: 201-497-6512 Fax: 201-942-4450



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