



FAMILY SUPPORT ORGANIZATION SUPPORT GROUPS
WE ARE BACK AND IN PERSON!

The Family Support Organization of Bergen County (FSOBC) provides support, advocacy and education to families and caregivers of children with emotional/behavioral challenges, developmental disabilities and substance challenges.

➔ **Weekly Evening Support Group** ←

Every Wednesday beginning April 5, 2023
7:00 pm – 8:30 pm

0-108 29th Street Fair Lawn, NJ

Through sharing experiences we can help you find options or discover approaches that may help in coping with your situation. Talking with and listening to others in similar circumstances can be just what you need to get through a tough time.

Sometimes a few words from someone else can make a significant difference!

We hope to see you at the support group!
For further information, please contact
(201) 796-6209 x 107 Fax (201) 796-1151
e-mail as@fsobergen.org

Adult Supervision for children at least 5 yrs old while you participate in the group.

The FSO of Bergen County is a non-profit organization whose board and staff are parents/caregivers of children with emotional/behavioral challenges, developmental disabilities and substance abuse challenges.



WE ARE ALL IN THIS TOGETHER!!!!