



Nurturing Parenting

All Star Counseling Purpose

All Star Counseling actively engages in the pursuit of excellence of serving youth, families, and organizations with compassion and respect. Our goal is to build on individual, family, and organizational strengths to help them establish and maintain a balanced healthy life and culture.

Nurturing Parenting Philosophy

Nurturing Parenting is a family-centered trauma-informed initiative designed to build nurturing parenting skills as an alternative to abusive and neglecting parenting and child-rearing practices. The long-term goals are to prevent repeated undesirable behaviors in families receiving social services, lower the rate of multi-parent teenage pregnancies, reduce the rate of juvenile delinquency and chemical dependency, and stop the intergenerational cycle of abuse by teaching positive parenting behaviors.

Methods/Techniques

Wrap-Around Model Focused, Nurtured Heart Approach, Nurturing Parenting, Secure Attachment Practices, Empathy Awareness, Nurturing Self, Gentle Touch, Realistic Expectations, Healthy Boundaries, Positive Reinforcement.

What approach/assessments are utilized to gather information about challenge areas that need to be addressed?

Initial Intake Assessment, 2 standardized pretests, and a post-test.

Consultation/Teamwork

Communication occurs with clinical supervisor monthly. Documents are also submitted detailing sessions with parents and other supports.

Feel free to contact All Star Counseling regarding any questions.
Thank you,

Isiah Lacefield, LPC, ACS, BC-TMH
Phone: 973-531-7573
Email: admin@allstarcounseling.org