

## **GENERATIONS IS...** **A TEAM...**



### **And you are our most important member!**

*GENERATIONS' team approach includes you, your family and the professionals who you choose in making every decision about care.*

GENERATIONS works with:

- Assisted Living, senior housing, long-term care and sub-acute rehabilitation facilities
- Elder Care and Special Needs Attorneys
- Guardians, Trustees and Financial Planners
- Home Health Care Agencies and Visiting Nurse Services
- Discharge Planners
- Hospitals
- Hospices
- Assisted Living, Employee and Corporate Health Programs

GENERATIONS was established in 1987 by Vicki Sherman (Doueck), LCSW and has continued to provide the highest quality professional and compassionate services to the elderly, persons with disabilities, their families and the caregiving community.

Life's pressures, demands and the distances separating us from our loved ones often create a great deal of concern and anxiety. By providing a watchful, compassionate and individualized plan of care, **Generations Counseling and Care Management** helps families manage the complex issues that result from caring for their loved ones.

### **GENERATIONS IS PROUD TO BE AFFILIATED WITH THESE ORGANIZATIONS**

*SOCIETY ON AGING OF NEW JERSEY*

*NATIONAL COUNCIL ON AGING*

*NATIONAL ASSOCIATION  
OF PROFESSIONAL GERIATRIC  
CARE MANAGERS*

*NATIONAL ASSOCIATION  
OF SOCIAL WORKERS*

*NEW JERSEY GERIATRIC  
CARE MANAGERS*

*NATIONAL GUARDIANSHIP  
ASSOCIATION*

*AMERICAN SOCIETY ON AGING*

*Generations Counseling and Care Management, LLC is a fee-for-service company. We do not solicit or accept any form of compensation from service providers for any referral we make on behalf of our clients.*



***A professional response to the  
needs of the elderly, persons  
with disabilities, their families  
and the caregiving community***

***Services Available in New Jersey,  
New York and Florida***

**Website: [www.generations-llc.com](http://www.generations-llc.com)**

**Email: [info@generations-llc.com](mailto:info@generations-llc.com)**

**TOLL FREE (866) 353-3726**



Few decisions are more important than how we care for our family members who are unable to care for themselves or who may need to be cared for in the future.

A Care Plan, prepared by an Independent Professional Care Manager, provides a clear perspective on the client's current condition and evolving needs. It addresses the physical, medical, psychological and social issues of the client and family as well as their financial resources and goals. It includes monitoring, intervention, advocacy, accessing services and serving the best interests of the client.

A Professional Care Manager, committed to the client and family, is the most trustworthy, effective guide you can call upon to understand and sort out the options we face today.



### OUR GOAL

*"To maintain each individual in the least restrictive environment with the highest quality of life in the most compassionate and efficient manner."*

PROFESSIONAL  
RESPONSIVE  
COMPASSIONATE

### GENERATIONS IS...

- Care Management
- Counseling and Psychotherapy
- Community Education
- Information and Referral
- Professional Education
- Staff Training
- Eldercare Planning and Consultation
- Services for Persons with Special Needs
- Referrals to Legal and Financial Service Providers
- Guardianship and Conservatorship Services
- Placement Services
- 24/7 Emergency Response Availability

**SERVICES AVAILABLE IN  
NEW JERSEY, NEW YORK  
and FLORIDA**

 **Generations**  
Counseling & Care Management, LLC

# CARE MANAGEMENT AT GENERATIONS: A COMPREHENSIVE SOLUTION

**CARE MANAGEMENT at GENERATIONS provides a professional, compassionate response to the needs and challenges of senior adults, adults with disabilities and those who care for them. As we consider and evaluate all the dimensions of an individual's life, our Care Managers are able to help you make the best decisions using all the resources and services that are available.**

Care Management at GENERATIONS includes:

- Comprehensive assessments to determine care needs
- Development and implementation of the agreed-upon care plan
- Monitoring of medical, social and home care services
- Communication and coordination with professionals, other service providers and family members regarding daily living needs, medical follow-up, psychological and social functioning
- Consultation and placement assistance for alternate housing such as senior communities, assisted living facilities and skilled nursing facilities
- Assistance with insurance and senior benefits programs and referrals for financial and legal services
- Assistance with medical and other appointments, communication with physicians, referrals for home care, nursing and companion services
- 24/7 crisis response availability

For more information, call GENERATIONS toll free at **(866) 353-3726**.

# COUNSELING AND PSYCHOTHERAPY

Individuals dealing with the challenges of aging, living with a disability, losing a loved one or coping with transitions in housing, work, physical or cognitive functioning can benefit from short or longer-term counseling and psychotherapy.

GENERATIONS offers professional, experienced, confidential counseling and psychotherapy services to individuals, couples, families and groups.

GENERATIONS' counseling services include:

- Licensed, Medicare-Certified Clinical Social Workers and Clinical Psychologists
- Counseling and psychotherapy at home or in residential facilities and treatment centers
- Family counseling and mediation
- Caregivers support services
- Bereavement and palliative support
- Crisis intervention
- Group counseling

*Medicare and private insurance cover most fees for these services.*

For more information, call GENERATIONS toll free at **(866) 353-3726**.



# PROFESSIONAL EDUCATION AND TRAINING

GENERATIONS is committed to providing quality education and training programs to the professionals who provide services to the elderly, those with disabilities and their families.

## **CONTINUING EDUCATION (C.E.U.) SEMINARS**

GENERATIONS offers a variety of professional seminars in which participants can earn continuing education units to meet the licensing requirements of their disciplines. These professional seminars, certified by the state licensing boards for social work, nursing, nursing home administration, and case management are held throughout New Jersey.

C.E.U. SEMINARS are available on topics such as:

- The Impact of Aging on the Family
- Differential Diagnosis in the Assessment of Senior Adults
- Understanding Cultural Difference in the Elderly
- Understanding Resistance in Working with Senior Adults
- Ethical Dilemmas
- Depression and Suicide

GENERATIONS will be happy to send you a complete list of our C.E.U. seminars or to arrange for a seminar at your facility.

For more information, call GENERATIONS toll free at **(866) 353-3726**.

# COMMUNITY EDUCATION AND INFORMATION SERVICES

GENERATIONS is committed to providing quality education programs and the most up-to-date information about aging, disabilities, health and wellness, insurance benefits and Medicare programs and the challenges facing individuals and their families.

Our programs are available to community groups, service organizations, religious institutions and senior housing facilities.

Programs include:

- Aging and the Family
- Successful Aging – A How-To Guide
- Choices in Senior Care
- Depression in the Elderly
- Financial Planning for Seniors and Their Families
- Elder Rights: What Everyone Should Know
- Managing Caregiver Stress
- Understanding Alzheimer's Disease & Dementia
- Communicating With Your Aging Parents



GENERATIONS also partners with medical, legal and financial specialists in presenting programs that meet the needs of the community. Programs can be designed to meet the specific needs of your group or organization.

Please call to speak with the GENERATIONS Community Education Coordinator to arrange the program or workshop that meets your needs.

For more information, call GENERATIONS toll free at **(866) 353-3726**.

# INSERVICE TRAINING AT GENERATIONS

GENERATIONS believes that your staff can provide the highest quality of service when you understand the needs and concerns of your clients and when you can work as a cooperative and responsible unit.

With these goals in mind, GENERATIONS offers specially designed in-service training programs for staffs in hospitals, assisted living communities, rehabilitation and long-term care facilities as well as to the staffs of medical, legal and financial institutions.

IN-SERVICE PROGRAMS include:

- Dealing with Difficult People – at Work and at Home
- Crisis Intervention and Management
- Employee Empowerment – What Works and What Doesn't
- Combating Employee Burn-Out
- Making the Family Member Part of Your Team
- Dealing with Behavioral Problems in Residences and Other Facilities
- Discharge Planning Options
- Building a Treatment Team

Programs can be designed  
to meet specific interests and needs.

For more information, call GENERATIONS toll free  
at **(866) 353-3726**.

# ELDERCARE PLANNING AND CONSULTATION

*"Should my father stay at home or does he need assistance?"*

*"I live 200 miles from my parents – who can keep an eye on them?"*

*Does my wife understand her condition and what she needs to do?"*

An **Eldercare Consultation** can help you or your loved one understand and respond to many of the situations and challenges that confront us.

An Eldercare Consultation can include:

- an evaluation of a client's medical condition and social and psychological functioning
- an assessment of daily living skills
- an exploration of housing options, legal needs and available local services
- a determination of available benefits as well as financial planning options

GENERATIONS can help you develop a Care Plan that will combine the best use of one's resources with those available in the community. Together we can achieve our goal...

*"To maintain each individual in the least restrictive environment, with the finest quality of life in the most efficient and compassionate manner possible."*

GENERATIONS will be happy to discuss an Eldercare Consultation with you.

For more information, call GENERATIONS toll free at **(866) 353-3726**.

***It's one benefit that never runs out.***



# GENERATIONS' TRANSITIONS PROGRAM

*"A Successful Adjustment to Assisted Living, Senior Housing and Long-Term Care Facilities"*

Transitions has been developed to enable an individual to make the change from independent to assisted living as smoothly as possible. Our comprehensive approach, designed to address the needs of the resident, the family and the staff, insures that each resident entering an assisted living community has the opportunity for a successful and enriching experience.

## **Transitions services to residents include:**

- Medical, social and psychological assessments
- Liaison among the resident, family and assisted living staff
- Identification of potential areas of difficulty and recommendations for intervention
- Short-term counseling to resolve adjustment issues

## **Transitions services to families include:**

- Family consultation and mediation
- Referral to and liaison with community services, geriatricians, health care aide and medical supply providers
- Advocacy and evaluation of the appropriateness of placement

## **Transitions services to assisted living communities include:**

- Evaluation of potential residents
- Independent assessment of residents experiencing adjustment and/or management difficulties
- New resident adjustment and support groups
- In-service training of staff
- Consultation regarding transitions to higher levels of care

For more information, call GENERATIONS toll free at **(866) 353-3726**.

## SPECIAL SERVICES FOR PERSONS WITH SPECIAL NEEDS AND THEIR FAMILIES

**The Fact:** With advances in medicine and the aging of the population, many seniors continue to care for their adult children with physical, developmental or psychiatric disabilities.

**The Challenge:** As they are aging, many of these seniors are concerned about their ability to provide continuing care and about what will happen to their children when they are gone.

**The Solution:** GENERATIONS' Services for Persons With Special Needs and Their Families



**The Fact:** There are more services and resources than ever for persons with disabilities and for their families.

**The Challenge:** The array of services can be overwhelming and many families are often unaware of them, do not know how to access them or are unable to devote the time that is necessary to implement them.

**The Solution:** GENERATIONS' Services for Persons With Special Needs and Their Families

***GENERATIONS can help you with short and long-term planning, accessing services and benefits, working with professionals in making medical, legal and financial decisions including those involving guardianship and trusts.***

**Individual and family consultations are available.**

For more information, call GENERATIONS toll free at **(866) 353-3726**.