

Positive Parenting Program



Group Triple P

Triple P can help you...

- Encourage behavior you like
- Deal with problem behavior
- Become confident as a parent
- Be realistic about parenting
- Take care of yourself

Tips and
suggestions to suit
the needs of your
family

8 Week Course

Our Philosophy: Coping skills and strengths developed in childhood carry into adult life, helping individuals reach their full potential. With this in mind, we strive to deliver programming and resources that assist individuals in navigating our complicated world.

For more information or to register...

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