

We are grateful and honored to be able to care for the 100 individuals entrusted to us and we thank our supporters and donors. Like our clients, we are continuously striving to reach our potential and welcome any questions, comments, suggestions or feedback.



New Concepts for Living

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Be part of our family...
Where extraordinary people thrive.

www.NCFL.net

About Us

Since 1981, New Concepts for Living, a community based not-for-profit organization, has been dedicated to serving individuals 21 and over with developmental disabilities.

Founded by a group of parents who had children with these challenges and who recognized the lack of support services as they entered adulthood, NCFL was developed to care for and empower the individual, while providing much needed assistance to their relatives.

Today we are proud to offer many services to ensure these extraordinary individuals achieve their potential and live as independently as possible! New Concepts for Living serves nearly one hundred extraordinary people.

All NCFL programs and services are designed to enhance our clients' daily living and social skills, as well as cultivate their intellectual development and provide a safe and fun environment where they can thrive.



Community Residences

NCFL's thirteen community residences (Group Homes and Supervised Apartments), are home to 65 extraordinary individuals entrusted to our care.

In addition to giving our residents the independence and attention they deserve, we also continuously strive to enhance their personal, social and cognitive development.

Our homes and our staff operate 24 hours per day, 7 days a week for 365 days a year to provide round the clock care.

New Concepts for Living's Community Residences are located in:

- Clifton
- Emerson
- Garfield
- Haledon
- Hillsdale
- Mahwah (2 Homes)
- Northvale
- Park Ridge
- River Edge
- River Vale
- Teaneck
- Upper Saddle River



We are looking to expand our housing services throughout northern New Jersey so that we can aid additional individuals who deserve a safe environment to flourish in.

Adult Achievement Center

This 'home away from home' day program focuses on providing our clients with a safe, nurturing place to maximize their potential and exceed expectations. Our Day Program also provides a much needed and deserved respite for caregivers.

Participants benefit from a well-rounded skills training program which includes safety classes, vocational skills training, health education, money management, art, cooking classes and much more.

Our robust activity calendar keeps our attendees engaged and entertained. These are just some of our weekly events and outings:

- Music
- Volleyball
- Exercise classes
- Dance class
- Bowling
- Meditation
- Various Excursions
- Shopping (ie Dollar Store; Walmart)
- Swimming
- Arts and crafts
- Movies
- Live theater productions

We also understand the importance of integrating our clients into their communities as well as teaching them the importance of giving back. NCFL's Day Program participants volunteer at such organizations as Meals on Wheels, The Salvation Army, Goodwill, Veteran's Hospitals and many more.



Behavior Services

NCFL provides our clients with an array of behavior-related services, tailored to the needs of the individual.

We are proud to share that our ratio of Behavior Specialists to individuals is higher than any other program in the area. Our behavior specialists are available at the Adult Achievement Center and on call 24/7 for our Community Residences.

Behavior services at NCFL focus on:

- Depression and anxiety mitigation
- Decision making
- Maladaptive behavior reduction
- Relationship building
- Functional behavior assessments (FBA)
- Anger management
- Behavior support plans
- Mental health and dually diagnosed individuals
- Social and daily living skills

Our Behavioral Department uses a client-centered approach to meet the needs of our clients and their various diagnoses.

These include:

- Individual and group therapy
- Cognitive behavioral therapy (CBT)
- Couple's therapy
- Interpersonal therapy
- Applied behavior analysis
- Pet therapy

