## The Benefits of Home Visitation

### FREE and VOLUNTARY!

Home visits are for expectant parents and parents with young children, Including babies, toddlers, and preschoolers.

Parents can get information and support from trained family support workers, parent educators, or registered nurses, right in the comfort of their own homes.

Home visitation programs promote positive parent-child relationships, help families set goals, builds on family's strengths, and help families overcome challenges.





### Home visits focus on:

- teaching parents about child care and development
- · promoting children's safety and health
- practicing positive parenting skills
- · improving parents' health and well being

### Home visits help parents:

- feel more confident about their roles and responsibilities
- get basic health information and save money on health-care costs
- connect with other resources, such as medical care
- reach goals such as returning to school or finding a job

#### Home visits make sure children:

- are ready for school and less likely to drop out
- have a lower risk of health problems, abuse or neglect
- have a lower risk of problem behaviors later in life, such as substance abuse or delinquency

For more information, please call

## Bergen County Central Intake at 973-942-3630









Information on this flyer is from "The Benefits of Home Visitation" brochure from Prevent Child Abuse America and Channing Bete. Central Intake is funded by a grant from the New Jersey Department of Health.

# Central Intake of Bergen County

# Home Visitation Programs Eligibility Requirements

## Healthy Families / TANF Initiative for Parents (HF/TIP) Program:

- Pregnant women
- First time mothers OR mothers with multiple children
- Women with target child who is no more than 3 months old
- Women with target child who is no more than 1 year old (ONLY if enrolled in TANF)
   Program Supervisor: Kelly Butryn

### Nurse-Family Partnership (NFP) Program

- First-time mothers
- Must be under 28 weeks pregnant to enroll

Program Supervisor: Nelly Quinones

### Parents as Teachers (PAT) Program

- Pregnant women
- New Moms (multiple children accepted)
- Parents (mothers or fathers) who are expecting or have a child under 6 months old
   Program Supervisor: Monika Bielecka





For questions, please contact:

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