



19B DELLWOOD LN,
SOMERSET, NJ 08873



THE CENTER FOR GREAT EXPECTATIONS PHILOSOPHY OF CARE

Trauma C.A.R.E. Model

Our treatment model is designed to foster a culture of safety and nurturance, provide trauma-attuned treatment, facilitate relationships that heal attachment wounds and empower those we serve to participate in their own healing process.

Early Relational Health Model

Our preventative approach provides opportunities to build resilience from gestation through age five by building a secure attachment between parent and child, repairing ruptures that have occurred within the relationship and expanding upon moments of shared joy.

Measurement-Based Care

CGE collaborates with the Rutgers School of Social Work to consistently collect and analyze client treatment data to ensure the best possible outcomes for adults, adolescents, children and parent/child dyads breaking the cycle of intergenerational trauma, substance use and homelessness.

OUR PROGRAMS

The Adult Women's Residential Program serves homeless, pregnant and/or parenting women with substance use disorders—and their children up to age five—who may have experienced Adverse Childhood Experiences (ACEs) and other trauma.

The Adolescent Residential Program serves pregnant and parenting adolescents and their children referred by the New Jersey Department of Children & Families, Children's System of Care.

Katy's Place is an on-site licensed child development center that provides daily professional childcare for the children within the CGE community.

Roots to Recovery, our adult outpatient program, located in New Brunswick, is licensed both as a substance use treatment and community mental health provider. This program specializes in gender-based treatment for substance use and/or co-occurring disorders with a strong emphasis on trauma-informed care.

START provides free in-home and telehealth therapeutic services for persons with substance use disorders who are pregnant or postpartum at the time of intake. START serves clients in Essex, Hunterdon, Western Hudson, Middlesex, Morris, Somerset and Union Counties for up to 18 months.

Permanent Supportive Housing supports and preserves families impacted by substance use and homelessness through a strengths-based, housing-first approach with integrated intensive case management and counseling services.

The CGE Institute provides monthly webinars, agency-specific and community-level trainings and workshops specializing in understanding and mitigating the impact of trauma on individuals, families, schools and communities. Training and consultation focuses on two main tracks: 1) Transforming school culture using the Attuned School Approach 2) Clinical training in trauma-informed care and Early Relational Health.

For more information, visit www.cge-nj.org
Call: 732-247-7003 Mail: cgeinfo@cge-nj.org