



VIRTUAL FAMILY DEMENTIA CAREGIVER SUPPORT GROUP FOR ADULT CHILDREN

Join us for a group specifically designed to provide emotional and educational support for the Adult Children of those living with Alzheimer's disease and all forms of dementia. The challenges are different from those of a spouse or sibling. This group will offer an opportunity to share feelings and concerns, learn about local resources and support each other in coping with the effects of the disease.



Meetings:

2nd Wednesday of the month at 6 P.M.
4th Thursday of the month at 6 P.M.

To register and to receive link, please contact
Marlene at mceragno@jccottp.org or
201.569.7900 ext. 439

