

### OVERVIEW

- ♦ Essex House is designed for young men ages 16 – 22 who may benefit from extra support from both peers and role models in a warm and supportive group setting.
- ♦ The goal of Essex House is to assist young men to achieve their full potential and master the skills needed for transition to adulthood. To achieve this goal, the program provides clinical services and activities in a homelike atmosphere.
- ♦ The hours of the program are from 12:00 PM to 8:00 PM, Tuesday through Thursday. Prosocial activities, a house meeting, and a family style meal are provided each evening.
- ♦ Essex House participants have the opportunity to explore their interests, meet people and enjoy new experiences in a safe, supportive and caring environment.

- ♦ **COMPETENCE**
- ♦ **CONFIDENCE**
- ♦ **CONNECTION**
- ♦ **CHARACTER**
- ♦ **CARING**



### PROGRAM INFORMATION

- ♦ Essex House participants may be self-referred or referred by youth-serving community agencies, organizations, or individuals.
- ♦ All program services are free for Bergen County male residents ages 16 – 22.
- ♦ Essex House is a voluntary program. Participants must commit to attend one evening and one counseling session a week, but are welcome to participate as many days as they choose.
- ♦ To learn more about Essex House or to schedule an intake appointment, please call (201) 336-6900 or (201) 336-6922.

## COUNTY OF BERGEN

### Department of Human Services Division of Family Guidance

#### MISSION STATEMENT

Bergen County's Division of Family Guidance provides clinical, residential, educational, correctional, case management and monitoring services to at-risk children, adolescents, and families, particularly those who are otherwise unable to receive needed services.

#### VISION

The Division of Family Guidance is Bergen County's resource for youth and families in need.

#### VALUES

- Collaborative, Creative, and Empirically Driven Programming
- Safe, Respectful, Dependable and Therapeutic Environments
- Developmentally Appropriate Expectations
- Empowerment through Opportunity
- Community Safety

### **Essex House**

125 Essex Street  
Hackensack NJ 07601

**Phone: (201) 336-6900**

**Fax: (201) 646-2729**

## COUNTY OF BERGEN



### **James J. Tedesco III**

*County Executive*

### **BOARD OF COUNTY COMMISSIONERS**

#### **DEPARTMENT OF HUMAN SERVICES**

**Melissa DeBartolo, Esq.**  
*Department Director*

#### **DIVISION OF FAMILY GUIDANCE**

**BERGEN**  
NEW JERSEY *County*

### **Essex House** **A Program for Young Men**



County of Bergen  
Department of Human Services  
Division of Family Guidance

**Essex House**  
125 Essex Street  
Hackensack, NJ 07601

[www.co.bergen.nj.us/familyguidance](http://www.co.bergen.nj.us/familyguidance)

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