

## COUNTY OF BERGEN



**James J. Tedesco III**

*County Executive*

### BOARD OF COUNTY COMMISSIONERS

#### DEPARTMENT OF HUMAN SERVICES

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#### DIVISION OF FAMILY GUIDANCE



### Bergen County's Resource for Youth & Families in Need

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The Bergen County Division of Family Guidance provides clinical, residential, educational, correctional, case management, and monitoring services for at-risk children, adolescents, and families, particularly those who are otherwise unable to receive needed services.

#### FAMILY GUIDANCE VALUES INCLUDE

Collaborative, Creative, and Empirically Driven Programming • Safe, Respectful, and Dependable Therapeutic Environments • Developmentally Appropriate Expectations • Empowerment through Opportunity • Community Safety

#### ***Family Conflict and Mental Health Needs...***

- **Juvenile Family Crisis Intervention Unit (JFCIU)** - a 24 hour 7 day per week program which provides crisis intervention for Bergen County families experiencing parent/child conflict, runaway behaviors truancy.
- **Adolescent and Family Treatment (AFT)** - an outpatient therapy program which offers consultation, counseling and psychotherapy services to children, adolescents and families.
- **Multi-Systemic Therapy (MST)** - comprehensive in-home family therapy program that provides an alternative to out of home placement. The service provides clinical services for youth with complex emotional, social and academic needs.
- **Adolescent Substance Abuse Program (ASAP)** - a licensed outpatient program providing comprehensive substance abuse services for youth and families. Services include individual counseling, group counseling and relapse prevention.

### ***Therapeutic and Prosocial Programs...***

- **Children's After-School Treatment Services (CATS)** - a therapeutic after-school program designed to help improve the social skills of elementary and middle school-aged children. The program includes play-based group therapy, art therapy, therapeutic recreational activities and family support services.
- **Empower House** - A program developed for young women, ages 16-22, that strives to assist young women in mastering skills needed for transition into adulthood. Provides therapeutic, prosocial, and recreational activities
- **Essex House** - a therapeutic, prosocial, and recreational program designed for young men ages 16-22 who may benefit from extra support from both peers and role models in a warm and nurturing home-like setting.
- **Reflections** - a voluntary teen theater program that presents improvised scenes on a variety of topics and timely issues affecting youth.
- **Youth Resource Center** - an after-school program providing a safe and positive environment for youth to develop communication and social skills and cultivate positive relationships. Activities include, art, music, martial arts, culinary and other prosocial activities.

### ***Educational and Employment Issues...***

- **North Street School** - an alternative high school program for adolescents with learning and behavioral challenges.
- **Suspension Alternatives Program (SAP)** - a school referral program that provides a positive alternative to out-of-school suspension.
- **Venture** - an extended school year program which addresses the therapeutic and educational needs of middle and high school aged students with significant psychiatric issues.
- **Bridges to Employment** - a job-readiness program designed to mentor youth in seeking and attaining sustainable employment.
- **Connections** - an all day high school equivalency (HSE) preparation and life skills program for youth who have dropped out of high school. Also offers work readiness, computer lab, career assessment and guidance and an arts program.

### ***Court Involved Programs...***

- **Alternatives To Detention (ATD)** - an alternative to secure detention for adolescents involved with family court. Program provides case management, supervision, weekly reporting and psycho-educational programming
- **Forensic Unit** - a diagnostic program that provides varied specialized psychological evaluations for Bergen County Family Court.
- **Juvenile Detention Center (JDC)** - a secure residence that temporarily houses youths who have committed a delinquent act and are awaiting court action.
- **Supervised Visitation Program (SVP)** - a court-ordered program that allows a non-custodial parent to visit with his/her child in a safe environment when supervision is required.
- **Teen Re-Adjustment Program (TREAD)** - a community-based program providing rehabilitative education and treatment to court mandated adolescents who have pled to or been found guilty of a sexual offense.

### ***Residential Programs...***

- **Bergen's Place** - a state licensed residential crisis and homeless shelter for youth ages 11-17. Provides safe, temporary housing to runaway and at-risk youth.
- **Visions** - a multi-service transitional living program for males and females, 16 1/2 - 22 years of age. Skill-based services are aimed at preparing the young adult for living independently in the community.
- **Shelter-Plus Care** - a collaboration with the Bergen County Housing Authority that provides federal housing subsidies and case management services for homeless young adults. Assistance is offered to secure apartments that meet HUD requirements.

**For assistance with accessing services or making a referral, please contact 201-336-7350. All services are free of charge for eligible Bergen county youth**