

**COUNTY OF BERGEN**  
**Department of Human Services**  
**Division of Family Guidance**

**MISSION STATEMENT**

Bergen County's Division of Family Guidance provides clinical, residential, educational, correctional, case management and monitoring services to at-risk children, adolescents, and families, particularly those who are otherwise unable to receive needed services.

**VISION**

The Division of Family Guidance is Bergen County's resource for youth and families in need.

**VALUES**

- Collaborative, Creative, and Empirically Driven Programming
- Safe, Respectful, Dependable, and Therapeutic Environments
- Developmentally Appropriate Expectations
- Empowerment through Opportunity  
Community Safety

**Adolescent Substance  
Abuse Program**

**One Bergen County Plaza, 2nd Floor  
Hackensack NJ 07601**

**Phone: (201) 336-7350  
Fax: (201) 336-7370**

**COUNTY OF BERGEN**



**James J. Tedesco III**  
*County Executive*

**BOARD OF  
COUNTY COMMISSIONERS**

**DEPARTMENT OF HUMAN SERVICES**

**Melissa DeBartolo, Esq.**  
*Department Director*

**DIVISION OF FAMILY GUIDANCE**

**BERGEN**  
NEW JERSEY *County*

**Adolescent  
Substance Abuse  
Program  
(A.S.A.P.)**



**County of Bergen  
Department of Human Services  
Division of Family Guidance**

**ASAP**  
One Bergen County Plaza  
2nd Floor  
Hackensack, NJ 07601

[www.co.bergen.nj.us/familyguidance](http://www.co.bergen.nj.us/familyguidance)

**Phone: (201) 336-7350  
Fax: (201) 336-7370**

# BERGEN County NEW JERSEY

## Adolescent Substance Abuse Program

### *Overview*

- ◆ ASAP is a New Jersey State licensed comprehensive and holistic community-based substance abuse treatment program that combines Motivational Interviewing methods with a Twelve-Step philosophy.
- ◆ ASAP provides outpatient treatment for both male and female youth between the ages of 13 and 17 who identify as substance users.
- ◆ Program Services include an orientation, evaluation, individual and group sessions, experiential activities and parent groups.
- ◆ Youth will receive cognitive behavioral therapies, drug testing, psycho-education and gender specific group treatment.

### *Services Offered*

- ◆ Individual Counseling  
To identify and explore core issues
- ◆ Group Counseling  
Focus on education  
Anger management  
Improving life skills  
Decreasing Impulsive acting out  
Self-advocacy  
Negotiation  
Acceptance of responsibility  
Consequences
- ◆ Parent/Family Support Group
- ◆ Relapse Prevention
- ◆ Aftercare

### *Referral Information*

- ◆ Services are available for Bergen County youth, both male and female, between the ages of 13-17
- ◆ Family members, therapists, and other concerned adults may refer a youth for services.
- ◆ Community based referrals may include: New Jersey Superior Court, Family Part, Bergen County , Bergen County Probation, School Districts and Division of Protection and Permanency.
- ◆ To learn more about ASAP and the services provided please call (201) 336-7350.