

Healthy Families –TIP Bergen County

Healthy Families – TIP is a voluntary home-based program designed to support and educate new parents to promote healthy families. It serves prenatal families, as well as TANF, GA and Emergency Assistance (EA) recipients with a baby under 12 months of age.

Program Goals: Increasing positive childhood outcomes and family function by connecting parents with a family support worker that provides in-home education and supportive services.

Specialized Services:

- Free for families residing in Bergen County.
- Provide proven, research-driven parenting information including infant care and child development.
- Connect families to appropriate community resources.
- Provide screenings to identify possible developmental delays.
- Services tailored to meet individual needs and goals.
- Assist with career related goals.

Impact Measures

- 95% of children have health insurance.
- 96% of children have been screened for Developmental Delay.
- 98% postpartum women screen for depression.
- 95% of children are up-to-date for immunization.

Outcomes Measures

- 90% of new mothers initiate breastfeeding.
- 100% of TANF families are connected to employment through the One-Stop-Center.
- 83% of parents are working or in school by the time the child is 2 years of age.

**For more
information or to
register... call
Olga Vasquez at
(201) 986-5015**

Our Philosophy:

Coping skills and strengths developed in childhood carry into adult life, helping individuals reach their full potential. With this in mind, we strive to deliver programming and resources that assist individuals in navigating our complicated world.



Care Plus NJ, Inc. Headquarters 610 Valley Health Plaza, Paramus, NJ 07652 | ph 201-265-8200
Children & Family Services 17-07 Romaine Street, Fair Lawn, NJ 07410 |ph 201-797-2660
For more information on the services offered by CarePlus, visit www.CarePlusNJ.org

Healthy Families –TIP Hudson County

Healthy Families – TIP is a voluntary home-based program designed to support and educate new parents to promote healthy families. It serves families receiving prenatal care at Metropolitan Family Health Network, as well as TANF, GA and Emergency Assistance (EA) recipients with a baby under 12 months of age.

Program Goals: Increasing positive childhood outcomes and family function by connecting parents with a family support worker that provides in-home education and supportive services.

Specialized Services:

- Free for families residing in Hudson County.
- Provide proven, research-driven parenting information including infant care and child development.
- Connect families to appropriate community resources
- Provide screenings to identify possible developmental delays.
- Services tailored to meet individual needs and goals.
- Assist with career related goals.

Impact Measures

- 98% of children have health insurance.
- 90% of children have been screened for Developmental Delay.
- 93% of children are enrolled in WIC.
- 91% of children are up-to-date for immunization.

Outcomes Measures

- 89% of new mothers initiate breastfeeding.
- 100% decrease subsequent teen birth.
- 94% parents knowledge of childhood development and other child's development progress.

For more information contact:



**Hudson Healthy
Families – TIP at 201-
986-5015
600 Meadowlands
Parkway Suite 142
Secaucus, NJ 07094**

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