

help is just a phone call away

## Recovery & Individualized Support Expansion (RISE)

RISE (Recovery & Individualized Support Expansion) services through Care Plus is targeted to help young adults in Northeastern NJ with history of substance use. This program provides specialized supportive services to help individuals identify and achieve personal goals in a supportive and personal-centered environment. By removing barriers to success, RISE aims to provide guidance towards recovery.

**Program Goals:** to address the gaps in services that hinder the recovery efforts of adolescents and young adults (ages 14-30) through offering targeted wraparound services that effect early recovery efforts.

### Specialized Services:

- Meeting recovery goals in a meaningful, personal, and lasting way through the service of a Peer Recovery Specialist .
- Achieving vocational and educational goals through the service of a Supported Educational/Employment Specialist
- Linkage to other supportive services including self help groups, individual and group therapy, and other services to support recovery
- Psychoeducational groups targeted towards education and prevention in the adolescent population
- Specialty IOP groups with focus on issues pertaining to and affecting young adults

**For more information or to make a referral...**

**Contact Allison Dickens, LPC, LCADC, CCS, ACS, Program Director  
call 201-265-8200 x 5207 or email [AllisonD@CarePlusNJ.org](mailto:AllisonD@CarePlusNJ.org).**

*Hours are flexible based on individual needs.*



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For more information on the services offered by CarePlus, visit [www.CarePlusNJ.org](http://www.CarePlusNJ.org)