

# Teen T.H.R.I.V.E

## Days & Hours of Operation:

Monday through Friday 10am - 6:30pm

## Aftercare (1 month)

Tuesday: 4pm - 5:30pm

## Early Intervention Program (EIP)

Tuesdays 4pm-5:30pm

Individual Sessions Provided As Needed

## IOP (4-6 months)

Monday/Wednesday/Thursday  
4pm - 6pm



*"It's not what you are  
that holds you back,  
It's what you think  
you are not."*

– Attributed to Hanoch McCarty –

## The TEEN T.H.R.I.V.E RECOVERY Program is designed for:

- Teens 13 to 17 with substance use disorder and co-occurring mental health diagnoses.
- Medicaid, Charity Care or Private Insurance

## Referrals can be made from the following:

- Care Management Organization (CMO)
- Probation
- Schools
- Parents
- Child Protection & Permanency (CP&P)



A Clinical Affiliate of **RUTGERS**

Bergen New Bridge Medical Center  
230 E. Ridgewood Ave.  
Paramus, NJ 07652  
201.967.4000  
[NewBridgeHealth.org](http://NewBridgeHealth.org)

Teen THRIVE Program Trifold\_20220216



A Clinical Affiliate of **RUTGERS**

## Evergreen Adolescent Intensive Outpatient Program

# Teen T.H.R.I.V.E RECOVERY

Think  
Healthy  
Respect  
Inspire  
Values  
Empowerment

An Adolescent Intensive Outpatient Program  
for Teens 13-17

With a Focus on Recovering from  
Alcohol/Drugs and Substance Use Disorder

Bergen New Bridge Medical Center  
230 E. Ridgewood Ave.  
Paramus, NJ 07652  
201.967.4000

[NewBridgeHealth.org](http://NewBridgeHealth.org)

# Evergreen Adolescent Intensive Outpatient Program

## Teen T.H.R.I.V.E RECOVERY

### Mission Statement:

To increase awareness that addiction is a 'family disease' by incorporating family and collaborating with them to help deter future substance abuse/ dependency. This is accomplished through building self-esteem and respect of both self and others by learning and applying drug-free behavioral and positive coping skills to everyday life.

### Goals:

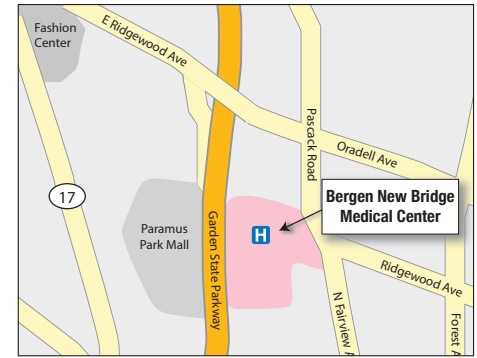
- Provide Substance Abuse/Mental Health Counseling
- Provide Substance Use Education
- Increase Self-Esteem
- Increase Concept of Respect
- Increase Academic Progress
- Decrease Truancy
- Increase Healthy Communication Within Family Unit
- Build Interpersonal Skills
- Develop and Practice Positive Activities

### What We Provide:

- Transportation
- Screening
- Assessment
- Education
- Group, Individual & Family Sessions
- Scheduled Family Nights
- Access to Psychiatric Consults and Medication Monitoring as needed
- Recreational Therapy
- Gender Groups/Transition to Adulthood
- Aftercare
- Community and Professional Presentations
- Case Management/Urinalysis Testing
- Volunteer/Community Service Opportunities

### Topics Will Include:

- Family Dynamic
- Education
- Communication
- Recreation
- Peer-Pressure
- Life Management
- Combating Boredom
- Setting Limits
- Working On Dreams
- How To Set and Accomplish Goals
- Self-Esteem Building
- Learning How To Say "No"
- Identifying Natural Highs
- Spirituality



### Meetings Will Be Held At:

Bergen New Bridge Medical Center  
230 East Ridgewood Avenue  
Paramus, N.J. 07652  
[NewBridgeHealth.org](http://NewBridgeHealth.org)

### Contact:

For Screening, Intake Scheduling,  
and program inquiries please call  
**201.967.4000, ext. 25673.**

### Gianna Carrino, LAC

Teen Thrive Program Coordinator  
201.967.4000 ext. 25673  
[gcarrino@newbridgehealth.org](mailto:gcarrino@newbridgehealth.org)

### Deanna M. Kopko, CADC, ICADC

Outpatient Manager  
201.967.4000 ext. 25975  
[dkopko@newbridgehealth.org](mailto:dkopko@newbridgehealth.org)

### Ashley N. Bardi, LCSW, LCADC

Clinical Director, Addiction Treatment Services  
201.967.4000 ext. 25080  
[abardi@newbridgehealth.org](mailto:abardi@newbridgehealth.org)

### Michael Paoletto, MA, LCADC, CCS

Chief Clinical Officer of Addiction Services  
201.967.4000 ext. 54189  
[mpaoletto@newbridgehealth.org](mailto:mpaoletto@newbridgehealth.org)