



Family Support Organization of Bergen County Workshop Series

0-108 29th Street
Fair Lawn, New Jersey 07410
Questions or to Register:
Andrea Schaffel at as@fsobergen.org
Or call: 201 796-6209

Wednesday, June 5, 2024, 7 pm – 8:30 pm (Virtual)

<https://zoom.us/j/93694975876?pwd=WkdpUTRLalRxY3orTGh5WStlejVGUT09>

TALK SAVES LIVES

Wendy Sefcik

Talk Saves Lives provides participants with a clear understanding of this leading cause of death, including the most up-to-date research on suicide prevention, and what everyone can do in their communities to save lives. Participants will learn common risk factors and warning signs associated with suicide, and how to keep themselves and others safe.

