

# NEW

## at Bergen New Bridge

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# The Center For Eating Disorders & Body Positivity

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### Well-Being Matters

Helping adolescents and adults obtain a positive body image and understand how food and nutrition affect them.

### Therapeutic Services Include

- Nutritional counseling
- Individual psychotherapy sessions
- Three days a week; 9:30am-3:30pm
- Daily group therapy sessions
- Families can schedule meetings with the patient care team to understand the recovery process better.

### Most Insurances Accepted

We review and assess all referrals for appropriateness for the program.



A Clinical Affiliate of **RUTGERS**

230 East Ridgewood Ave. Paramus, NJ 07652

#### For Questions:

EDBP@newbridgehealth.org  
201.967.3690

#### For Appointments:

800.730.2762 Option #2

### Treating

- Anorexia Nervosa
- ARFID
- Binge Eating Disorder
- Bulimia Nervosa
- Diabulimia
- Disordered Eating – OSFED
- Orthorexia
- Body Image



**NewBridgeHealth.org/eatingdisorders**

Our diversified treatment programs offer individualized care in a warm, supportive atmosphere.