



# THE ARC

The Arc is a private, non-profit association which has been serving individuals with disabilities and their families for over 65 years. Founded in 1947 by parents of children with disabilities, the Arc has been, and continues to be, a consumer and family driven organization. The Arc is a multi-service agency dedicated to:

- . Promoting and advocating for the rights and welfare of individuals with disabilities and their families.
- . Providing early intervention to assist infants and children with developmental delays in reaching their full potential.
- . Assisting families of individuals with disabilities by providing support and resources to build on their strengths and help them face challenges.
- . Assisting individuals with disabilities, through quality programs and services, in realizing the full potential of their personalities and talents.
- . Preventing disabilities through public education, advocacy, and support for research.

## Achieve With Us

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## Special Quest

*After School Recreation Program*





# Special Quest

Special Quest is a community-based recreation program designed for individuals with intellectual and developmental disabilities.

Special Quest's After School Program operates Monday through Friday from 3:30pm to 6:30pm, and is offered to children between the ages of 12 and 21.

The Saturday Program operates Saturday mornings from 10:00am to 2:00pm, and is designed for adults 21 years of age and older.

Both programs offer a variety of community based recreational activities, such as:

Swimming	Sports
Yoga	Bowling
Music	Cooking
Art Class	Circuit Training
Field trips	Guitar & Vocals
Martial Arts	

Activities take place in community settings that encourage socialization-integration and overall physical wellness. The Arc Employment and Training Center, located at 17 Wallace Street in Elmwood Park, NJ is the meeting place for the Special Quest Program.

Many of our community sites provide specific skill instruction related to the designated activity.

Special Quest's programs are supervised by a Program Coordinator who has ample experience working with individuals with intellectual and developmental disabilities. The Program Coordinator is paired with an Assistant Coordinator who may assume the responsibilities of the Coordinator in the event of his or her absence.



Para-professional counselors ensure that behavior support techniques and interventions, including Applied Behavior Analysis (ABA), that are effectively utilized in school for each child, or in other environments for adults, are also utilized in the Special Quest Programs, thereby offering each participant the opportunity for success.

Staff work with participants as they engage in each activity, providing training, assistance, and intervention as needed.

*Special Quest After School Program, under the Arc of Bergen and Passaic Counties, is an approved provider for the NJ Department of Children and Families Children's System of Care (CSOC).*

Special Quest Staff are trained and certified in first aid and CPR in order to ensure the safety of all participants.

