



JUST FOR ME

PARENTS SUPPORT GROUP

PARENTS SUPPORTING PARENTS:

- A safe space to express thoughts/ concerns about parenting.
- A place to connect with other caregivers going through similar journeys.
- A time to build informal supports.

For More Info:



pasupportgroup@paofnj.org

JOIN US...

3rd Monday of Every
Month, 6pm - 7pm



Scan QR Code to Join