

# Social Skills Group

Ages 7-16 | Mondays | 4/17 - 6/12 | 5:30-7:30pm

*Two age-appropriate groups offered simultaneously.*

The focus of this 8 week program is to enhance social and emotional functioning by developing and practicing social skills, communication skills, problem-solving skills, and anger management. Through discussion, role play, group activities and worksheets, these weekly sessions will support youth in building and strengthening self-esteem.

To sign up or learn more, please e-mail  
Rachel Weil at [rachelf@careplusnj.org](mailto:rachelf@careplusnj.org)



In-Person Groups in Fair Lawn  
All Safety Measures Will Be In Place

