

COUNTY OF BERGEN
Department of Human Services
Division of Family Guidance

MISSION STATEMENT

Bergen County's Division of Family Guidance provides clinical, residential, educational, correctional, case management and monitoring services to at-risk children, adolescents, and families, particularly those who are otherwise unable to receive needed services.

VISION

The Division of Family Guidance is Bergen County's resource for youth and families in need.

VALUES

- Collaborative, Creative, and Empirically Driven Programming
- Safe, Respectful, Dependable and Therapeutic Environments
- Developmentally Appropriate Expectations
- Empowerment through Opportunity
- Community Safety

Shelter Plus Care
125 Essex Street
Hackensack NJ 07601

Phone: (201) 336-6900
Fax: (201) 646-2729

COUNTY OF BERGEN



James J. Tedesco III
County Executive

**BOARD OF
COUNTY COMMISSIONERS**

DEPARTMENT OF HUMAN SERVICES

Melissa DeBartolo, Esq.
Department Director

DIVISION OF FAMILY GUIDANCE

BERGEN
NEW JERSEY *County*

Shelter Plus Care
**Permanent Supportive
Housing**



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Department of Human Services
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OVERVIEW

Shelter Plus Care is a permanent supportive housing program that provides HUD housing vouchers and support services to assist young people in acquiring sustainable housing and functioning in an independent living setting. Shelter Plus Care is a collaboration between the Housing Authority of Bergen County, which determines eligibility and administers the vouchers, and the Bergen County Division of Family Guidance, which provides ongoing case management services.

WHAT ARE THE GOALS?

- ❖ To help young adults with mental health, substance abuse, learning, and/or behavioral difficulties acquire and sustain affordable housing.
- ❖ To facilitate participants' job retention, apartment upkeep, budgeting, and access to medical and psychiatric services.
- ❖ To reduce homelessness.

SERVICES

- ❖ Help young adults find apartments and live independently in unsupervised residences.
- ❖ Provide monthly case management services.
- ❖ Link participants to community resources such as food banks, Medicaid, and mental health services.
- ❖ Provide crisis counseling.
- ❖ Facilitate access to the Division of Family Guidance continuum of services including:
 - Psychiatric evaluation
 - Medication monitoring
 - Psychotherapy
 - Substance abuse treatment
 - Vocational testing
 - GED preparation
 - Vocational, job & college coaching
 - Recreational activities

REQUIREMENTS

- ❖ Must be a resident of Bergen County.
- ❖ Must be between the ages of 18 and 21 at time of initial eligibility.
- ❖ On an annual basis, must meet HUD eligibility requirements and need continued supportive services.

WHO REFERS?

- ❖ Self-referral
- ❖ Visions Transitional Living Program
- ❖ Bergen's Place Youth Shelter
- ❖ Community referrals
- ❖ The Division of Child Protection and Permanency (DCP&P)